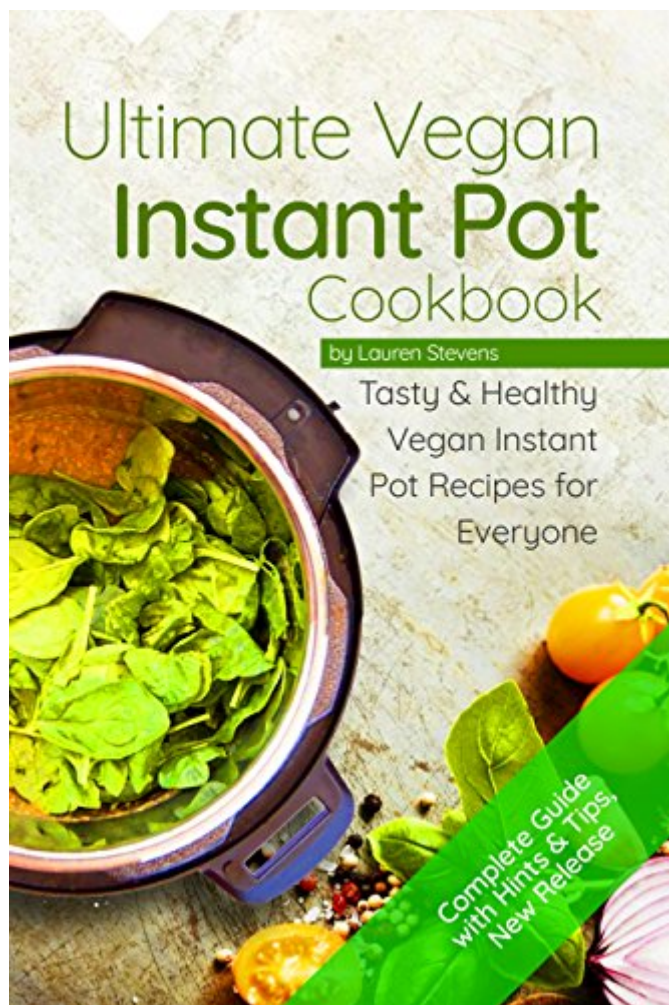


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# The Ultimate Vegan Instant Pot Cookbook: Tasty & Healthy Vegan Instant Pot Recipes For Everyone (Vegan Instant Pot Recipes Cookbook, Vegan Instant Pot Cooking, Vegan Instant Pot For Two)





## Synopsis

Here You Will Find The Most Popular And Delicious Vegan Instant Pot Recipes That Will Make Your Cooking Much More Interesting! Want to Get the Most Out of Your Instant Pot? This book contains 50 vegan-friendly recipes for cooking in an Instant Pot. We tried to take into account different occasions and cuisines. The book is divided into 5 chapters: Snacks and starters. Try unusual starters, like polenta bites or veggie sliders. If you are not sure how many guests to expect for a party, then hummus and pates will be the heroes of the night! Soups. Comfort food – a healthy way, in its most! Be it a Turkish soup or Italian minestrone, be sure they are healthy and packed with vegetables. Have you ever tried puree borsch or Chinese mushroom soup? It is just time to say yes to all this comfort food made in a healthy way! Main Courses. Preparing a dinner for vegans might take lots of effort to create a balance between healthy and filling tasty food. With these recipes, be it shepherd's pies or lentil and cashew pasta, sweet potato burgers or red lentil curry, we have no doubt, you will be satisfied! Side Dishes. Never underestimate side dishes. They can fill you up and be a pleasure to your eyes. They can become an appetizer, like baked beans on toasts, or even main dishes like roast potatoes! These versatile side dishes are healthy and designed to suite any dinner style, be it Asian infusion or old European background. Desserts. Trying a bite of an orange cake or a chewy brownie is something that you will never resist! And why should you? You totally deserve your dessert! And with these recipes of healthy low-calorie cakes and puddings you are totally guilt-free! Enjoy! THIS VEGAN INSTANT POT COOKBOOK IS THE #1 THING YOU NEED TO ENJOY YOUR COOKING TO THE FULL!

## Book Information

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## Customer Reviews

Such a book should be in every home. The author offers step-by-step instructions for preparing tasty and healthy dishes. Good combinations of products, correct cooking time. Even if you do not know how to cook, learn by all means. Soups, vegan snacks, desserts and much more are collected in one book. Here I found recipes for a wonderful dinner for two, for a fun party and for a children's celebration. The Ultimate Vegan Instant Pot Cookbook - an Excellent guide for the cooking of tasty and delightful dishes.

This is an amazing recipe book with great information on how to properly use your Instant Pot! I found a great variety of recipes in this cookbook. This book promotes good eating habits. It also encourages its readers to go back to the basics by eating vegan foods. An excellent book from which you can learn a lot about the kitchen for vegans.

I found a great variety of recipes in this cookbook. I love vegan cooking and cooking exclusively vegan dishes in my instant pot is such a relief for me. It has a delicious range of food which are also healthy. These recipes are easy to make quick tasty and of course healthy. This book is recommended to every chef.

A good introduction to the Instant Pot for new owners. If you're new to the instant pot and even if you've been cooking with one for a while now, this book is for you. It's a learning experience. I've really enjoyed this cookbook. The recipes are easy and made from things easily found at the grocery store. Thanks Lauren.

If you are following the vegan diet plan and you want to learn more about instant pot recipe then this book is for you. I have learned many recipes from this book and it is very easy to prepare. I will share this book with my friends who are following this kind of diet.

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